

CENTER FOR ALCOHOL & DRUG STUDIES AND SERVICES DRIVING UNDER THE INFLUENCE PROGRAM (DUIP)

www.sdsuduip.com

RULES AND REGULATIONS

The primary mission of the Center for Alcohol & Drug Studies and Services (The Center) Driving Under the Influence Program is to help reduce the incidence and prevalence of driving under the influence and the negative consequences of this behavior for our community and its residents, and to assist participants in identifying and seeking solutions to their own alcohol and other drug problems.

In order to accomplish this mission, we are committed to providing, under the guidelines established by the State of California and the County of San Diego, the highest quality of educational and counseling services to those who have been convicted of violating the DUI laws.

OPERATIONAL AUTHORITY

The San Diego State University's program operates under a California license, (#3700501120), and a San Diego County contract. The Official contractor is the SDSU Research Foundation. However, the program is administered by the Center. Since its designated area of services by the courts is the San Diego court district, it is referred to as the Central District DUIP. Specific operations are in accordance with the California Health and Safety Code (H&S C) statute, Chapter 9, Section 11836 through Section 11838.5. This statute is implemented via regulations adopted by the California Department of Alcohol and Drug Programs (ADP) specified in the California Code of Regulations (CCR) Title 9, Section 9795 through Section 9886.

I. ENROLLMENT - CCR, Title 9, Section 9848
First Conviction Program (FCP)
Multiple Conviction Program (MCP)
Wet Reckless (WK)

This DUIP will enroll persons convicted for driving under the influence violations:

- A. When ordered by a court as a condition of probation.
- B. When a person is transferred from another licensed DUIP within California.
- C. When a person needs program attendance to satisfy Department of Motor Vehicle (DMV) requirements.
- D. When a person is referred by a court or DMV of another state to attend a DUI Program. However credits from an out-of-state program <u>cannot</u> be granted.

Effective June 1, 2000, when a participant, enrolled per a court order or a DMV Admin. per se, and actively participating in a First Offender Program, is required by Department of Motor Vehicles to complete an 18-month Multiple Offender Program for the same case, the case shall be transferred to an 18-month program with credit for completed services and fees paid.

Effective June 1, 2000, when a participant, enrolled per a court order or a DMV Admin. per se, in a First Offender Program and successfully completes and is issued a DMV Notice of Completion Certificate (DMV Form DL-101), the case is closed.

If the individual later returns with a DMV requirement for a different program level for the same case, <u>no credit for completed services or fees paid</u> shall be given unless it can be documented that the delay was created by a DMV or Court error or misinformation. (County #9848)

It is the participant's responsibility to:

• Determine which program the DMV or court will require for a specific case.

• Inform this Program and provide documentation of additional DMV or court requirements for a specific case, prior

to completion of his or her First Offender Program.

NOTE: A PERSON TRANSFERRING FROM A DUIP LOCATED IN ANOTHER COUNTY MUST COMPLY WITH

SAN DIEGO COUNTY PROGRAM STANDARDS

The Program may refuse enrollment if a person is under the influence, is abusive or is unable to enroll and participate.

II. CONFIDENTIALITY - CCR, Title 9, Section 9866

Participation in the DUIP is a matter of confidentiality in accordance with state and federal requirements, and information is not released to anyone regarding an active or inactive participant without permission from the participant, except as required by law, or by a court-ordered subpoena. Permission may be granted through the CONSENT TO RELEASE OR EXCHANGE INFORMATION FORM provided by this agency or the equivalent from another agency. Upon enrollment a photograph of the participant will be taken to ensure accurate documentation and identification.

III. PROGRAM SERVICES - REF:

H & S C, Chapter 9, Section 11837.4

Title Nine, CCR, Sections 9847 thru 9862

San Diego County DUIP Standards

AB1916 and SB 1176

Specific guidelines for services to be delivered to the DUIP participants are established by the State and County.

A. EDUCATION - CCR, Title 9, Section 9852

All participants must complete the education series, which consists of six instructional lectures of two hours each, plus a 10 minute break. (State regulations prevent including break time in the required two hours of education.) A participant's education schedule consists of weekly sessions, conducted at the same time and day of each week, for six consecutive weeks. All six sessions (12 hours) must be completed in full. Therefore, if a person completes half a session then leaves at the break, it will be considered an absence and the entire session will have to be repeated.

NOTE: Persons convicted of a "Wet Reckless" (SB 1176) or convicted in another state may be required to complete only this portion of the program.

B. GROUP - CCR, Title 9, Section 9854(Not Required for Wet Reckless Education Only)

The 11/2 hour group counseling sessions are conducted by a Group Counselor in a manner that encourages

participants to share ideas and information so they may identify and resolve problems related to driving under the influence and alcohol or other drug use. Participants attend weekly sessions for the total number required for their specific program.

C. FACE-TO-FACE INTERVIEWS - CCR, Title 9, Section 9858 (Not Required for Wet Reckless Education Only)

These interviews are conducted on a scheduled basis for the purpose of:

- 1) Discussing and encouraging participation in all program activities;
- 2) Identifying problems which may become barriers to the completion of the DUIP Program;
- 3) Evaluating the participant's potential need for referral to ancillary services;
- 4) Monitoring payment of Program fees.

Participants attend the number of interviews which corresponds to the program length listed below:

The listed number of Face-to-Face interviews for the 6, 9, 12 and 18 month programs <u>are the minimum to be conducted</u>. Face-to-Face Interviews will continue to be conducted on a biweekly basis until all Group, Education, and additional program requirements are completed.

D. RE-ENTRY - H & SC, Section 11837.4 (b), (1) (18 month participants only)

The purpose of the Re-Entry phase of the 18-Month Multiple Conviction Program is to focus on community involvement with self-help groups, employment, family, relapse prevention strategies, and other areas of self improvement. In order to begin the Re-Entry Phase, the participant must have completed all program activities required during the first 12 months of participation and must have a minimum of 365 days in the program. (For Time-In-Program (TIP) purposes, the Re-Entry Component officially begins the day after the final activity, of the first twelve months, is completed.) The Participant must contact the Program within 48 hours to schedule the first Re-entry group, if not, dismissal could occur for 21 day policy violation. The Re-entry Program consists of five monthly one hour group counseling sessions and one hour exit face-face. Participants must continue to attend weekly self help meetings with documentation to be provided to the Re-Entry Group Counselor.

1) Participants will be responsible for establishing contact with an administrative staff member within three days of any missed activity, for the purpose of rescheduling. Participants failing to reschedule

- within the allotted time are considered to be "out of compliance" and are subject to the dismissal process.
- 2) When a client misses his/her Re-Entry group, he or she must bring in or fax the proof of self-help group attendance within three working days.
- The participant must attend the make-up session no later than 60 calendar days after the last presence. This is based on the monthly schedule of re-entry (the 21-day rule is replaced by a 60 day rule). The 60 days begin on the first day after the last attended scheduled activity. If after 60 days, the client has not attended any activity, he or she will be recommended for dismissal.
- 4) If a client prearranges / reschedules an absence from his/her scheduled group, the group can be made up by attending the makeup group according to the current Re-Entry make-up schedule (Only after absence has occurred.)

E. ADDITIONAL COUNTY REQUIREMENTS - CCR, Title 9, Section 9860 (Not Required for Wet Reckless-Education-Only)

Self-Help Meetings: While active in the program, each participant will be required to attend Self-Help meetings that correspond to the program length assigned. The participants may choose from the list of approved Self-Help Meetings posted on the bulletin board across from the vending machines.

Documentation of attendance is required;

1)	FCP-3 Months	. One per month Total 3
2)	FCP-6 Months	. One per week Total 26
3)	FCP -9 Months	. One per week Total 39
4)	FCP/MCP-12 Months	. One per week Total 52
5)	MCP-18 Months	One per week Total 78

Any expense which may result from attending Self-Help groups will be borne by the participant.

Specifications for services, such as size of groups and classes, number of absences allowed, length of time in class, number of program activities required, documentation of attendance, are all in accord with State and County regulations, and are not subject to grievance.

IV. PARTICIPANT ATTENDANCE - CCR, Title 9, Section 9876.

- A. Each participant is expected to attend all scheduled activities, and each participant is expected to be on time and remain for the full session.
- B. The following constitutes an "absence":
 - A participant fails to attend a scheduled Education session, a weekly Group, a monthly Re Entry session, or a scheduled Face-to-Face session.
 - Participant leaves any scheduled session early or FAILS TO RETURN or is late returning to the classroom after the scheduled break during an Education session.
 - Participant sleeps or is otherwise inattentive during the session.
 - Participant is asked to leave an activity because they created a disruption, e.g., cell phones.

- C. If the participant has notified an Admin. Staff Member (Front Office), prior to a scheduled activity this will constitute a PRE-ARRANGED/RESCHEDULED ABSENCE. DO NOT CALL YOUR COUNSELOR TO PREARRENGE ABSENCES. A prearranged/rescheduled absence will not count toward the allowable limit. (See Section IV., D.) However, it must be made up and the rescheduling fee will be charged. Making up a Group session is done by attending the next group as the Make-up session. Making up Face-to-Face interviews or Education classes must be rescheduled. (See Section VI.)
- D. Absences which are not prearranged /rescheduled are counted toward the allowable limit. Exceeding the limit will result in dismissal from the Program and return to court. The following limitations apply to absences which are not prearranged / rescheduled:
 - Participants in the Wet Reckless 6-week Program, shall not be allowed more than 2 total absences.
 - First Conviction 3-Month Program shall not be allowed more than 5 total absences.
 - A participant in the enhanced First Conviction Program of 6 months shall not be <u>allowed more than 7 total</u> absences.
 - A participant in the enhanced First Conviction Program of 9 months shall not have more than 7 total absences.
 - A participant in the enhanced First Conviction Program of 12 months, or the <u>12-Month Multiple Conviction</u> <u>Program</u>, shall not have <u>more than 7 total absences</u>.
 - A participant in the 18-Month Multiple Conviction Program, shall not be allowed more than 10 total absences.
- E. All absences will be documented in the participant's record and must be made up prior to the issuance of the NOTICE OF COMPLETION CERTIFICATE, DL-101. A MISSED ACTIVITY FEE FOR EACH SESSION MISSED WILL BE CHARGED, and must be paid by the next monthly payment due date.
- F. If a participant has been granted an approved Leave of Absence (LOA) in accordance with current regulations, he or she will not be charged with absences during the LOA period. (See Section VII.)
- G. Participants are required to be ON TIME for all scheduled activities. State / County Regulations do not allow us to provide a grace period.

V. RESCHEDULING - CCR, Title 9, Section 9876

The following instructions apply to rescheduling specific events after an absence:

- A. **Face- to-Face**. Participant must contact his/her primary counselor and make up the missed Face to Face within two weeks.
- B. **Group Counseling Sessions**. Absences will be made up by subsequent attendance. However, participants must be sure to attend a scheduled group within twenty-one (21) days to avoid being dismissed under the 21-Day Rule.
- C. Education. Absences from Education Sessions must be rescheduled at the receptionist desk within seven days of the missed session. The absence(s) can be made up by attending a scheduled session corresponding to the number of the sessions missed. The missed session must be made up as soon as possible, but no later than six weeks from the date of absence. Care should be taken to insure that rescheduling does not cause a violation of the 21-Day Rule. (See Section VII. A. (4).)

D. Re-Entry. See the special Re-Entry section. (III.-D.)

PARTICIPANTS THAT FAIL TO COMPLY WITH RESCHEDULING PROCEDURES MAY BE SUBJECT TO TERMINATION UNDER TITLE 9, CCR, SECTION 9886 (a) (3)- Failure to comply with Driving Under the Influence Program Rules. Specific rescheduling fee information is included in Section X of these regulations.

VI. LEAVE OF ABSENCE - CCR, Title 9, Section 9876.5

(Forms and instructions are available at the Front Office)

- A. Participants may request a Leave of Absence (LOA) if they are unable to attend **scheduled program activities** for any extended period, usually 15 days or longer. An LOA may be approved for:
 - 1) Military personnel whose orders or responsibilities require an extended absence;
 - 2) Participants whose work requires travel for an extended period;
 - 3) Participants who are absent due to their own extended illness or medical treatment (or that of an immediate family member or significant other);
 - 4) Participants who are incarcerated or otherwise confined for medical, mental health, or alcohol/drug treatment;
 - 5) Participants who would like to take a scheduled vacation (see #VI C)
 - 6) Any other valid reason that can be supported by documentation.
- B. Completed LOA Request Forms shall be submitted to the Administrative Office no later than 7 days before the requested start date, with documentation (i.e., a letter from an employer, military orders, doctors' diagnosis, etc.) to support the request. In case of emergencies that require a participant to expedite his/her departure date, the program must be notified and documentation must be received no later than 7 days after the start of LOA. You may fax your documentation to the DUIP: FAX# (858) 467-6822, Attn.: LOA Clerk; or mail to;

LOA Clerk SDSU Central District DUIP 9245 Sky Park Court, Suite 101 San Diego, CA 92123-4311 Telephone (858) 467-6810

The Executive Director or the designated person is the <u>only staff</u> with authority to approve or disapprove an LOA request. <u>Approval is not automatic</u> and the established procedures must be followed. It is the participant's responsibility to verify that the LOA has been approved and that it covers the dates requested.

- C. LOA requests for vacation purposes will only be approved if program participation (attendance) and fees are current.
- D. Time in Program **does not** accrue while on LOA, and the time it will take to complete is extended. No charges are added for absences during an LOA.
- E. A participant may return from an LOA any time prior to the requested end date.
- F. Names of participants going on LOA are removed from their assigned Group and Education session rosters.

- G. A participant must contact the Program in person when ready to return from LOA, or no more than 5 days after the LOA end date, for reassignment. Participants cannot be guaranteed assignment to the same group upon return from LOA.
- H. In certain extreme situations (such as incarceration or medical emergency) management may initiate a retroactive LOA when notification and/or documentation is received. However, in order to avoid the risk of being dismissed after 21 days, this information should be provided ASAP
- I. There is a fee for Leave of Absences. (See fee schedule) except when initiated by the clinical team.

VII. DISMISSAL OF PARTICIPANTS - CCR, Title 9, Section 9886

- A. The Program will dismiss any participant who:
- 1. Fails to maintain program sobriety. (See Section IX. D.)
- 2. Fails to pay, within 30 days of the due date, his/her assessed program fee.
- 3. Fails to comply with these printed Rules and Regulations.
- 4. (21 DAY RULE) Fails to attend scheduled program activities (Group, Education, FAI or Face-to-Face) for 21 days from the date of the last attended activity, without obtaining a Leave of Absence. "Attend" is defined as; " being physically present for the full time at activities which have been scheduled for the participant. These include Group, Education, Face-to-Face, or financial assessment interview.
- 5. Exceeds the number of absences allowed by the Program. (See Section IV D.)
- 6. Fails to comply with Additional County Requirements that are established by the San Diego County Alcohol Program Administrator and approved by the ADP. (See Section III. E.)
- 7. Absent from a scheduled financial assessment interview, **AND** fails to <u>reschedule</u> and <u>attend</u> a financial assessment interview within ten days.
- 8. Fails to attend scheduled program activities within 21 days of transfer to another licensed drinking driver program licensed by the California Department of Alcohol and Drug Programs (ADP).
- 9. Is physically or verbally abusive to program staff or other program participants. (See Section III.-D.)
- B. If a participant was attending the Drinking Driver Program as a condition of probation, the Program shall notify the court that the participant was dismissed from the Program. The Program shall not reinstate the participant without the written consent of the court.

DISMISSED PARTICIPANTS MUST BE REINSTATED INTO A LICENSED DUI PROGRAM <u>WITHIN 24 MONTHS</u> TO RECEIVE CREDIT FOR PRIOR PROGRAM PARTICIPATION.

- C. The Program may refuse to reinstate a participant if the participant was dismissed because he or she was physically or verbally abusive to program staff or other program participants, or threatening to the Program itself. The Program may refuse reinstatement if a person is under the influence, is abusive or is unable to enroll and participate. (Ref: Title nine, Section 9886 (a)(7), California Code of Regulations.)
- D. The reason for the dismissal shall be documented in the participant's file and on the termination notice.

UPON DISMISSAL FROM THE PROGRAM, A REPORT OF NON-COMPLIANCE IS SENT TO THE DEPARTMENT OF MOTOR VEHICLES AND TO THE COURT. A COPY IS ALSO SENT TO THE PARTICIPANT.

VIII. PARTICIPANT RIGHTS

Participants have a right to be treated in a respectful manner. Any participant who feels he or she has not been treated accordingly, may follow appropriate procedures to air his/her grievance. The grievance procedures are posted on the bulletin board in the counseling area, and on the wall near the payment window. Participants are also expected to display courteous behavior and an attitude that is not disruptive to program function or inconsistent with DUIP objectives.

IX. MISCELLANEOUS

- A. Participants must provide a current address and telephone number to the DUIP and submit any changes as soon as possible. Failure to do so could result in not receiving important information in a timely fashion. It is the responsibility of each participant to provide a current address and an accessible telephone number.
- B. Participants will take tests and/or complete questionnaires as required.
- C. It is important that participants who are required to take prescription (R) medications or who have special needs due to a verifiable physical condition, inform the program at the earliest possible date, so that some effort may be made to consider these needs. Documentation from an appropriate health practitioner will be required for any exception to these written rules.
- D. Total abstinence is a necessary goal for those who are chemically dependent. Program sobriety is an absolute requirement for all participants. This is defined as the absence of alcohol and/or drugs in a person's system, while present at the facility, or while driving. If a violation of this requirement is suspected by any staff member and confirmed by at least one other staff member, the participant must be dismissed from the program under Title 9, Section 9886 (a)(2). If a current client has received a new DUI, this will be grounds for dismissal under this section. It is recommended that in order to avoid risk of dismissal, no alcohol be consumed or alcohol products be used for at least 24 hours prior to coming to the facility.

Additional Rules:

- > No food or beverages allowed inside the Group and Education rooms.(except water in a clear plastic container)
- Shirts and shoes will be worn on the DUIP premises (no cleats).
- > Clothing which advertises alcoholic beverages or other drugs is considered inappropriate attire while participating in DUIP activities.
- > Clothing which attracts inappropriate attention (i.e., very short miniskirts or shorts, see-through blouses, halter tops, tank tops, etc.) will not be allowed.
- > Clothing imprinted with profanity or phrases having sexual connotations or innuendos will not be worn at any time on the DUIP premises.
- > No item or apparel which covers or partially blocks the participant's eyes may be worn while in the facility. This includes but is not limited to hats, scarves, and dark glasses (not including tinted glasses), unless current medical documentation is provided.

- No smoking or use of other tobacco products in the building.
- No weapons, including knives, are permitted in the DUIP building.
- Participants will not bring radios, tape recorders, cameras, computers or other electronic devices onto the premises. Cellular phones and pagers must be shut off while in the building. These devices should not be placed on any standby mode as it creates distraction in the activity. If a phone or pager goes off the participant will be asked to leave the activity, and an absence will be recorded.
- > No visitors are allowed beyond the reception area of the building. Children under 18 years of age are not allowed in the building, (except in an emergency and approved by the duty supervisor). This agency is not responsible for friends or relatives of participants waiting in the parking lot area.
- Family members who serve as interpreters must sign in at the window and receive an I.D. badge before going into the service area.
- > Acts of vandalism or defacing property (i.e., graffiti writing) will not be tolerated and individuals engaging in such activities may be subject to dismissal from the DUIP, and legal action by the SDSU Research Foundation
- > No gum chewing allowed in the classrooms. Do not put your gum under the chairs, throw in the trash can.
- > Program reserves the right to contact police in case of any risk to a participant's visitors or children left in automobiles.
- For Security and Safety purposes, participants may not bring large bags and backpacks into the facility. Women's purses should be of moderate size.

X. PAYMENTS

Payment and monthly fees may be paid by cashier's check, credit card (Visa, MasterCard and Discover), cash, money order, or Visa, or, MasterCard debit cards.

Persons who have difficulty meeting the financial obligation, should request a Financial Assessment Interview AS SOON AS POSSIBLE. Instructions for requesting a Financial Assessment Interview are available at the Reception Desk.

XI. COMPLETION CERTIFICATE

Once all program requirements have been met and all fees are paid, the Program will issue a Letter of Completion (Wet Reckless) or a numbered DMV Notice of Completion Certificate (DL101). Processing of the DL-101 requires 7 to 10 working days and is processed and filed directly with the DMV. A copy of the Notice of Completion Certificate is sent to the participant by U.S. mail. There is no longer a fee associated with the original Certificate of Completion.

You must provide this program with your correct;

- Full Name,
- Date of Birth
- California Drivers License Number
- Date of Violation

If you have not applied for or been issued a California Drivers License, then you must obtain and provide to this Program a California DMV "X" number. This number is issued by the DMV and identifies your case. Contact the DMV or your insurance company for your DMV "X" number. You must provide this number if you do not have a California Drivers License.

You will have ten (10) days from your date of enrollment to obtain and provide this program with any information you cannot provide.

- A. Upon completion, participants 21 years and older convicted of a Wet Reckless will receive one original and two copies of a Letter of Completion, mailed directly from this DUI Program. You must present this letter to the Court of Conviction as directed by the court.
- B. All other participants, as well as those under the age of 21 who were convicted of a Wet reckless will receive the Participant and Court copies of the DMV Notice of Completion Certificate (DMV Form DL 101) directly from this program. The Original Notice of Completion Certificate is filed directly with the DMV by this Program. Contact the DMV for proper procedures for obtaining your license.

A NOTE ABOUT COMPLETION TIMING

To avoid suspension of driving privileges, the DMV requires all First Conviction program participants to complete the assigned program within four (4) months **plus** the length of the program from date of conviction. For example; if you were convicted and sentenced to a three month program, you must complete the program within seven (7) months from the date of conviction, Six month participants must complete within ten (10) months of the date of conviction, etc. You will be notified by the DMV when you have not complied with this requirement. Contact the DMV for further information.

Social / Sexual Contact Prohibition Policy

All DUIP employees and participants will keep their relationships on a strictly professional basis. Any social engagements or activities between employees and participants interferes with this professional relationship and is strictly prohibited. This also includes any dual relationship, e.g. sponsoring a client in AA/NA.

Employees may not accept gifts of any kind from the participants. Employees shall under no circumstances enter into any personal business agreements with participants, including borrowing or lending money, sale or purchase of personal property, etc. Employees will not engage in any type of personal, intimate, or sexual relationship with a participant.



Rules of Conduct While on SDSURF Property

- 1. Drive slowly and courteously while on the SDSURF property. Do not race into the driveway cutting off exiting drivers. Use caution when exiting a parking stall.
- 2. Park in only one parking stall do not use multiple spaces. "Mega-trucks" can park at the back of the lot. This also applies to people waiting to pick up participants.
- 3. No loud music playing in the vehicles this includes while driving into and out of the lot. Again, this also applies to people waiting for participants.
- 4. Passenger drop off must be in a parking stall (not in the driveway in front of the DUI suite or in a traffic lane) to avoid blocking entrance to the building or other parking stalls.
- 5. Pets are not to be left in vehicles unattended. Barking disturbs other building tenants.
- 6. Skateboarding is prohibited on the property. While we understand many of our participants rely upon skateboards for transportation, they may not ride them upon entering the property. Again, this includes those waiting for participants.
- 7. Participants and those waiting for them may smoke only in the bike rack area. No smoking on or near the handicap ramp or anywhere else on the property.

Grievance Procedures

- 1. Try to resolve your grievance directly with the staff member.
- 2. If the grievance is not resolved, contact the immediate Supervisor of the staff person by telephone or in writing. Send your statement of the grievance or ask at the reception desk to have it put in the mailbox of the Supervisor.

Supervisors are:

Counselors and Instructors Oscar Almendarez, Counseling Manager (858) 467-6810

Ext. 133

Office/ Accounting Staff Nancy Massey, Operations Manager (858) 467-6810

Ext. 143

Managers Melanie Barker, Executive Director (858) 467-6810

Ext. 123

- 3. You will receive a response within seven (7) working days.
- 4. If your grievance is still not resolved to your satisfaction, you may submit an appeal in writing to:

Executive Director

Melanie Barker, MPH, LCSW

9245 Sky Park Court, Suite #101

San Diego, Ca 92123

5. You will receive a written response within ten (10) working days.

NOTES